



PROGRAM PLANNING GUIDE

Name: _____

ID:

Post-Diploma Bachelor of Health Sciences

Public Health



Our post-diploma Bachelor of Health Sciences in Public Health (Health Leadership minor) will help you build on your existing health-related diploma education and work experience by adding an appreciation for population health, including health policy and promotion, while adding skills in health research, program evaluation and leadership. This exciting program is offered on our Calgary Campus with evening and weekend classes, and via traditional delivery on our Lethbridge Campus.

What determines my program requirements?

Please refer to the Academic Calendar (www.ulethbridge.ca/ross/academic-calendar) for complete program information.

Calendar Year: 2025/2026 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

Faculty/School: Faculty of Health Sciences (www.ulethbridge.ca/healthsciences)

Program(s): Bachelor of Health Sciences

Major(s): Public Health

Minor: A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see www.ulethbridge.ca/ross/minors.

Am I admissible to this program?

Admission: www.ulethbridge.ca/ross/admissions/undergrad

Transfer: www.ulethbridge.ca/ross/transfer-resources

When/How do I apply to the University?

Deadlines: www.ulethbridge.ca/ross/admissions/undergrad/deadlines

Step-by-Step: www.ulethbridge.ca/ross/admissions/step-by-step

Where can I find information on courses?

Course Catalogue: www.ulethbridge.ca/ross/courses

Registration Guide: www.ulethbridge.ca/ross/registration-guide

When can I register for classes?

Register early! (March for Summer and Fall; November for Winter)

Registration Dates: www.ulethbridge.ca/ross/registration-dates

How can I enhance my program?

Career Bridge: www.ulethbridge.ca/career-bridge

Internship: www.ulethbridge.ca/healthsciences/addictions-counselling-internship

Independent Study: www.ulethbridge.ca/healthsciences/independent-study

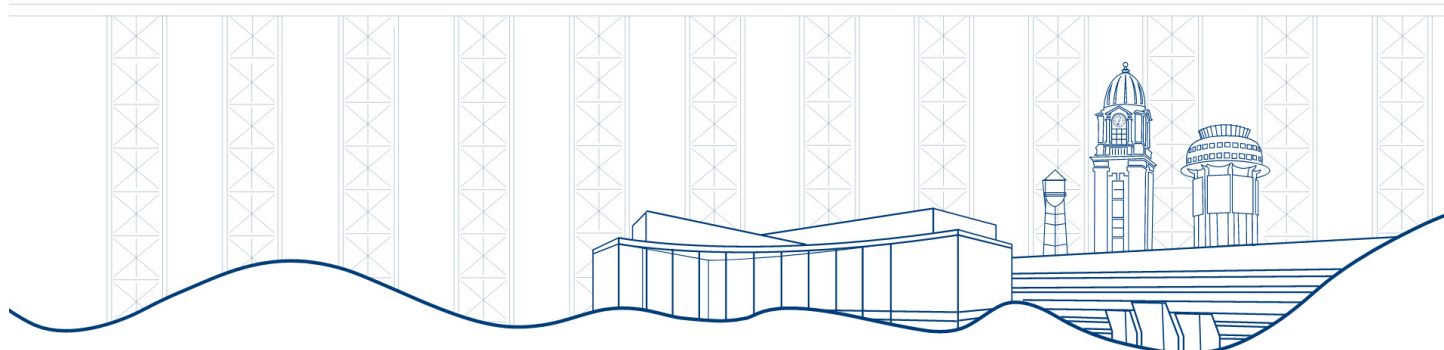
What supports are available to students?

Student Services: www.ulethbridge.ca/campus-life/student-services

Student Success Centre: www.ulethbridge.ca/student-success-centre

Accessible Learning: www.ulethbridge.ca/ross/alc

Counselling Services: www.ulethbridge.ca/counselling





Required courses and notes

Name: _____

ID:

--	--	--	--	--	--	--	--	--	--

Public Health Major Course Requirements

- _____ 1. Public Health 1000 - Introduction to Public Health
- _____ 2. Public Health 2000 - Population Health
- _____ 3. Public Health 2100 - Policy and Health
- _____ 4. Public Health 3000 - Canadian and Global Perspectives
- _____ 5. Public Health 3420 - Public Health Ethics
- _____ 6. Public Health 4000 - Advanced Public Health
- _____ 7. Health Sciences 3260 - Research in the Health Sciences
- _____ 8. Health Sciences 2003/Biology 2003 - Epidemiology
- _____ 9. Health Sciences 2310 - Human Nutrition
- _____ 10. Health Sciences 2400 - Medical Microbiology
- _____ 11. Health Sciences 2450/History 2450 - Evolution of Health and Illness Care
- _____ 12. Health Sciences 3450/Psychology 3450 - Applied Statistics for Clinical Practice
- _____ 13. Sociology 1000 - Introduction to Sociology
- _____ 14. Writing 1000 - Introduction to Academic Writing

Health Leadership Minor Course Requirements

- _____ 15. Health Sciences 2700/Sociology 2700 - Health and Society
- _____ 16. Health Sciences 3002 - Health Promotion
- _____ 17. Health Sciences 3100 - Managing in Health Care
- _____ 18. Health Sciences 3510 - Program Planning and Evaluation
- _____ 19. Health Sciences 3800 - Teaching and Learning for Health Professions
- _____ 20. Health Sciences 3825/Management 3825 - Information in Health Care

Note: Students may choose to complete Public Health 4550 - Practicum in Public Health (15.0 credit hours). For details, please consult an academic advisor in the Faculty of Health Sciences.

General Requirements

- _____ Completion of 20 course equivalents (60.0 credit hours) with a GPA of at least 2.00 (on the University of Lethbridge 4.0 scale) on courses taken for credit towards the degree.
- _____ Attain a minimum cumulative GPA of 2.50 (on the University of Lethbridge 4.0 scale) on all required Addictions Counselling, Health Sciences, Indigenous Health, and Public Health courses taken for credit towards the degree.
- _____ Completion of two courses from each of Lists I, II, and III for the Liberal Education List Requirement (see **School of Liberal Education** in the 2025/2026 University of Lethbridge Calendar, www.ulethbridge.ca/ross/academic-calendar).
- _____ Not more than three Independent Study courses may be taken for credit towards the degree.
- _____ Residence requirement: 20 courses (60 credit hours).
- _____ All degree requirements must be completed within seven years of completion of the first required course offered by the Faculty of Health Sciences.

Final Program Check

Request a Final Program Check at www.ulethbridge.ca/healthsciences/forms by December 1 (April completers) or by April 1 (June, August, & December completers) and after registering in your final term.

Program requirements with _____ (majors, minors, concentrations)

will be met upon successful completion of _____ currently enrolled courses

have been met

Advisor: _____ Date: _____

Health Sciences GPA: _____

Grad GPA: _____

Advisor: _____ Date: _____



Name: _____

ID:

--	--	--	--	--	--	--	--	--	--

Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms). Students are strongly encouraged to follow the sequencing plan outlined here. Not following the sequencing plan may result in extending the length of your program. Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.

Sequencing Plan for Lethbridge Campus Students

First Year (Fall)

- Public Health 1000
- Health Sciences 2400
- Health Sciences 3260
- Sociology 1000
- Writing 1000

First Year (Winter)

- Health Sciences 2310
- Health Sciences 2450/History 2450
- Health Sciences 2700/Sociology 2700
- Public Health 3000
- Public Health 3420

Second Year (Fall)

- Health Sciences 3002
- Health Sciences 3100
- Health Sciences 2003/Biology 2003
- Public Health 2000
- Public Health 2100

Second Year (Winter)

- Health Sciences 3450/Psychology 3450
- Health Sciences 3825/Management 3825
- Health Sciences 3510
- Health Sciences 3800
- Public Health 4000

Sequencing Plan for Calgary Campus Students

First Year (Fall)

- Public Health 1000
- Health Sciences 2400
- Health Sciences 3260
- Sociology 1000
- Writing 1000

First Year (Winter)

- Health Sciences 2310
- Health Sciences 2450/History 2450
- Health Sciences 3002
- Health Sciences 3825/Management 3825
- Public Health 2000

Second Year (Fall)

- Health Sciences 2003/Biology 2003
- Health Sciences 2700/Sociology 2700
- Health Sciences 3100
- Public Health 3000
- Public Health 3420

Second Year (Winter)

- Health Sciences 3450/Psychology 3450
- Health Sciences 3510
- Health Sciences 3800
- Public Health 2100
- Public Health 4000

Sequencing Plan for Calgary Campus (Winter Admission)

First Year (Winter)

- Health Sciences 2310
- Health Sciences 2450/History 2450
- Health Sciences 3002
- Health Sciences 3800
- Writing 1000

First Year (Fall)

- Public Health 1000
- Public Health 3420
- Health Sciences 2003/Biology 2003
- Health Sciences 3260
- Sociology 1000

Second Year (Winter)

- Public Health 2000
- Public Health 2100
- Health Sciences 3450/Psychology 3450
- Health Sciences 3825/Management 3825
- Health Sciences 2700/Sociology 2700

Second Year (Fall)

- Health Sciences 2400
- Health Sciences 3100
- Health Sciences 3510
- Public Health 3000
- Public Health 4000



Customize your program or keep notes

Name: _____

ID:

An empty program space is available below should you wish or need to create a customized program sequence. Ensure you are following the program requirements laid out on the previous pages of this guide to ensure you are meeting all program, degree, and institutional requirements. **Consult with an Academic Advisor in your faculty if you wish to customize your sequence of courses.**

First Year (Fall)

First Year (Winter)

Second Year (Fall)

Second Year (Winter)

Third Year (Fall)

Third Year (Winter)

Fourth Year (Fall)

Fourth Year (Winter)

Fifth Year (Fall)

Fifth Year (Winter)

Notes
